# **New Pacer Gait Trainer**

K630, K640 & K650 Product Manual







# **Contents**

Important information	3
Safety messages	4
Recommended use   User and item dimensions	5
Check your order and basic components	6
Upper frames	
Standard and dynamic	7
Base frames	
Standard, utility and treadmill/stability	8
Casters and wheels	9
Accessories	
Odometer and clamps	10
Hand loops	11-12
Arm prompts/arm platforms	13-15
Handbrake	16
Chest prompt	17
Hip positioner	18
Hip positioner pad	19
Pelvic support	20-21
Thigh prompts	22
Ankle prompts	23
Tray	24
Multi-position saddle	25
Guide bar	26
Operation	27-29
Maintenance, cleaning, and warranty	30
Materials and user modifications	31

### **IMPORTANT**

Please save this product manual for future reference.

# **Key for users**

Use this key to determine which sections of this product manual apply to you.

- **Technical Users** For professionals who order and set up Rifton products.
- **Home Users** For care-givers who use Rifton products on a regular basis.
- **Maintenance Personnel** For anyone who is responsible for service or re-ordering of Rifton products and parts.



# **∆WARNING 1** ♠ ♀

- Thoroughly read and understand the information in this product manual before attempting
  to use this product. If the procedures and instructions in this product manual are not
  followed, serious injury or death could occur.
- A qualified professional must assess the appropriateness and safety of all equipment for each client.
- This product is intended for use by clients of unreliable judgment. Adult supervision is required at all times.
- To prevent falls and injuries:
  - Do not use this product on rough and uneven terrain, around swimming pools, or near stairways.
  - Ensure the appropriate use of straps and supports at all times. Straps and supports
    are provided for the safety of the user and must be carefully adjusted for comfort and
    security.
  - o Tighten all adjustment knobs before use and immediately after making any adjustments.
  - Position accessories so that the client's weight is centered between the casters.
- Do not use this product for clients outside the height and weight limits specified in this
  manual.
- To prevent structural failure, which may result in serious injury or death:
  - Inspect this product and accessories regularly for loose or missing screws, metal fatigue, cracks, broken welds, missing attachments, general instability or other signs of excessive wear.
  - Immediately remove this product from use when any condition develops that might make operation unsafe.
  - o Do not use Rifton components or products for any purpose other than their intended use.
- Adequately supervise use of the Pacer to prevent:
  - Excessive movement and speed
  - Sudden stops from hitting a curb, cracks, or debris
- Use adequate accessories to ensure that user's feet remain within boundaries of the Pacer frame.
- Use special care and supervision when using the Pacer under conditions which might affect stability, including:
  - o Uneven ground
  - o Ramps, slopes, or hills
  - Clients who experience strong involuntary movements or seizures

# Recommended use 1 A

The New Pacer gait trainer is a Class 1 medical device. It is designed to help a client learn to walk. For a client lacking active use of his or her trunk and leg muscles, the Pacer provides the necessary support during gait training and requires little or no weight-bearing.

The large Pacer is recommended for clients with elbow height of 33"—48" (84—122 cm). The maximum working load for the large Pacer is 200 lbs (91 kgs).

The medium Pacer is recommended for clients with elbow height of 24" – 35" (61–89 cm). The maximum working load for the large Pacer is 150 lbs (68 kgs).

# User and item dimensions 1 f



Item dimensions – inches (cm)		K630 medium	K640 large	K650 XL
Floor to top of arm prompt		24-35 (61-89)	33-48 (84-122)	34-49 (86-124)
Overall width	Standard base:	26 (66)	28 (71)	31½ (80)
	Utility base:	30 (76)	32 (81)	N/A
	Narrow treadmill base:	35 (89)	35 (89)	N/A
	Wide treadmill base:	40 (102)	40 (102)	N/A
Overall length	Standard base:	30 (76)	36 (91)	39¾ (101)
	Utility base:	36 (91)	401/2 (103)	N/A
	Treadmill bases:	41 (104)	41 (104)	N/A
Frame height	Standard and utility bases:	211/2-27 (55-69)	281/2-381/2 (72-98)	31-41 (79-104)
	Treadmill bases:	231/2-361/2 (60-93)	30-47 (76-119)	N/A
Base height	Standard and utility bases:	141/2 (37)	16 (41)	181/2 (47)
(without upper frame)	Treadmill bases:	21 (53)	21 (53)	N/A
Frame weight - lbs. (kg)	Standard base:	15 (6.8)	15½ (7)	22½ (10.2)
	Utility base:	181/2 (8.4)	191/4 (8.7)	N/A
	Narrow treadmill base:	271/2 (12.5)	271/2 (12.5)	N/A
	Wide treadmill base:	28 (12.7)	28 (12.7)	N/A
	Standard upper:	71/2 (3.4)	91/2 (4.4)	11 (4.9)
	Dynamic upper:	11½ (5.2)	131/2 (6.1)	15 (6.8)
Dynamic upper movement	Vertical:	3 (8)	3 (8)	3 (8)
	Horizontal:	2 (5)	2 (5)	2 (5)
Max. treadmill width	Narrow treadmill base:	29 (74)	29 (74)	N/A
	Wide treadmill base:	34 (86)	34 (86)	N/A
Max. treadmill height	Treadmill bases:	11 (28)	11 (28)	N/A
Max. working load-lbs. (kg)		150 (68)	200 (91)	250 (113)



# Check your order 14

The Pacer frame and accessories that you specified in your order may be shipped in more than one carton. Use the diagrams in this manual to make sure your order is complete.

### **Basic components**

Ensure that column is fully inserted and latched into base frame prior to using Pacer.

Any upper frame can be attached to any base of the same size. Additionally, any medium upper frame may be attached to any large base, increasing the height range of the medium by 1". The large upper frame cannot be used with a medium base.

To attach the upper frame to the base, slide the column into the base frame, as shown. To detach the upper and lower frames, press button (A) and slide column out of base frame (see figure 6a).

Upper frame and base can be detached for storage or transport.



Figure 6a

# Upper frames 1 A

#### **Height adjustment**

To adjust the frame up or down, use use trigger (A).

#### Standard upper

The standard upper frame adjusts in height and provides support for various prompts and accessories.

#### **Dynamic upper**



To prevent serious injury:

- Keep hands clear of dynamic body support mechanism while Pacer is in use (see figure 7b).
- When dynamic weight-bearing and/or lateral weight shift mechanisms are unlocked, position arm prompts so that client's hands are kept clear of frame and column.

The dynamic upper provides dynamic body support by allowing up/down and side-to-side movement of the upper frame.

To lock or unlock vertical up/down movement (dynamic weight-bearing), lift upper frame to unweight system, and use trigger (B).

To lock or unlock side-to-side movement (dynamic weight-shift ): use trigger (C).

The default force range of the dynamic weight bearing system will be fine for most users. However, it can be adjusted if needed, by turning screw (D) with the hex wrench provided. Turning the screw clockwise increases force.



To avoid damaging the DWB system, stop turning

when the screw bottoms out (maximum force) or when the screw becomes loose (minimum force).



Figure 7a

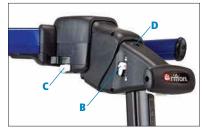


Figure 7b



# Base frames 1 A

#### Standard base (see figure 8a)

The standard base has four 5½" casters. Each caster has a brake, drag, swivel lock, and directional lock. An odometer is an optional accessory.

#### Utility base (see figure 8b)

The utility base has two 8" front casters and two 11½" rear wheels. Directional lock, brake, and drag functions are provided by the rear wheels. Swivel lock is provided by the front casters. An odometer is an optional accessory.

#### Treadmill/stability base (see figure 8c)

### **AWARNING**

To prevent serious injury or death:

- Do not position client facing the open end of Pacer frame when on the treadmill.
- Stop treadmill before making adjustments.
- Keep extremities clear of adjustment mechanism.

### **A** CAUTION

To prevent serious injury:

- Always lock caster brakes when Pacer is over the treadmill.
- Always use pelvic support, hip positioner or multi-position saddle when client is on the treadmill.
- Do not run treadmill in reverse when using Pacer.

The treadmill/stability base is a wide, height adjustable base frame designed for use both overland and over a treadmill. It can be used with both the large and medium upper frames.

Use trigger (A) to adjust frame downward for overland use, or upward as necessary to provide clearance over a treadmill.



Figure 8a



Figure 8b



Figure 8c

**Tip:** This base is available in two widths, standard and wide. See dimension chart on page 5 for sizing.

# Casters/wheels **1** ♠ ?

Adjustments (see figure 9a)

**Swivel lock** prevents the caster from swiveling.

- To engage the swivel lock: press button (A).
- To disengage, press button (B).

Locking all four casters will keep the client traveling in a straight line.

Locking the rear casters (those behind the client) will help stabilize the client, while still allowing for turning.

**To engage caster brake** (C), press lower part of brake pedal. To release the brake, press upper part of brake pedal.

**To engage the wheel brake** (utility base), press brake pedal (D). To release the wheel brake, lift brake pedal (D).

**To engage caster drag** (standard base) or wheel drag (utility base), rotate dial (E).

**Directional lock** (F) allows the caster or wheel to turn in one direction only, helpful for clients who may involuntarily roll backward while trying to walk. To engage the directional lock:

- Push lever (F) down until it snaps into place.
- When the directional lock is engaged, the caster or wheel will make a clicking noise while moving forward, and lock when pushed backward.



Figure 9a



# Accessories 144

### **Odometer**

The odometer (see figure 10a) displays distance traveled. To reset display to 0, press button (A). To display total lifetime distance traveled, press and hold button (A) for one second. Lifetime distance will be displayed in kilometers or thousands of feet, depending on unit setting.

To switch between feet or meters, press and hold button (A) until units change (approximately 10 seconds).



#### Attaching and removing

Most accessories are attached to and removed from the frame with clamps (B) and posts (C). figures 10b and 10c show how to attach a clamp to the top bar of the Pacer.

- 1. Loosen knob (D) and swing it down.
- 2. Swing band (E) up.
- 3. Place clamp (B) around oval bar.
- 4. Swing knob (D) up into slot on band (E).
- 5. Tighten thoroughly.

Placement of accessories on the frame will vary according to the position and abilities of the client and the number of accessories used.

For slimmer clients, the clamps for any accessory can be attached on the inside of the top bar (see figure 10c). This positions accessories closer to the client. To reposition posts (see page 15).



Figure 10a



Figure 10b



Figure 10c

# Hand loops **♣** 🛱 🕆

To prevent tipping and resulting injury, do not position handloops, arm prompts or arm platforms at the extreme ends of the top bar (see figure 11a).

#### **Attaching**

When the Pacer is used in the anterior position, it is recommended that hand loops are attached forward of the frame cross bar (see figures 11b and 11c). This creates stable positioning and leaves plenty of room for other accessories.

Hand loop clamps can be attached on the outside of the top bar (see figure 11b). For slimmer clients, the clamps for any accessory can be attached on the inside of the top bar (see figure 11c). This will position the prompts closer to the client. To reposition the hand loop posts (see page 15).



Figure 11a



Figure 11b



Figure 11c



#### Adjustments (see figure 12a)

#### Loosen knob (A) to:

- Completely remove the hand loop and clamp.
- Or slide the hand loop toward or away from the client along the top bar.

#### To adjust height of hand loop:

- Press button (B) and slide post up or down to desired position.
- Release button (B) and push hand loop to engage post.

#### To tilt hand loop:

Loosen knob (C) and tilt hand loop to desired position. Tighten knob to secure.

#### To reposition the entire hand loop:

- Completely remove the hand loop from the Pacer (see figures 10b and 10c).
   Attach inside or outside the top bar (see figures 13b and 13c).
- Press button (B) and completely remove the post, now rotate the post to the desired position, insert it back into clamp and slide to desired height.



Figure 12a

# Arm prompts 1 1 1

**AWARNING** 

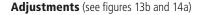
To prevent tipping and resulting injury, do not

position handloops, arm prompts or arm platforms at the extreme ends of the top bar (see figure 13a).

#### **Attaching**

When Pacer is used in the anterior position, it is recommended that arm prompts are attached forward of the frame cross bar (see figure 13b). This creates stable positioning and leaves plenty of room for other accessories.

The arm prompt clamps can be attached on the outside of the top bar (see figure 13b). For slimmer clients, the clamps for any accessory can be attached on the inside of the top bar (see figure 13c). This positions accessories closer to the client. To reposition clamps and posts (see pages 10 and 15).



#### Loosen knob (A) to:

- Slide arm pad toward or away from the client along the post.
- Rotate up or down.
- Rotate in or out.
- Move the arm pad backward or forward.

#### To adjust the height of arm prompt:

- 1. Press button (B) and slide post to desired position.
- 2. Release button and push post to engage it.

Or completely remove the arm prompt from the Pacer by pressing button (B) and pulling out the post.



Figure 13a



Figure 13b attached outside top bar



Figure 13c attached inside top bar



#### To adjust the handhold:

- 1. Loosen knob (C).
- 2. Slide handhold forward or back for different forearm lengths, or rotate the handhold from side to side. Arm strap (D) and wrist strap (E) secure the client's arm in the arm prompt.

Using the wrist strap prevents the client's arm from inadvertently coming out of the arm prompt.

#### To reposition the entire arm prompt:

- 1. Loosen knob (F).
- 2. Slide arm prompt to desired position on the top bar of the frame.



Figure 14a attached inside top bar

#### Tip: arm prompts can:

- 1. Rotate around horizontal section of post.
- 2. 360° rotation around vertical post.
- 3. Slide in/out on horizontal section of post.
- 4. Clamp can be moved along top bar.
- 5. Post has four positions at 90° each.



## Arm platforms 🗘 🛍 🕆



To prevent tipping and **AWARNING** resulting injury, do not position handloops, arm prompts or arm platforms at the extreme ends of the top bar (see figure 14b).

**Attaching** see pages 10 and 13.

### **Adjustments**

#### Loosen knob (A) to:

- Slide arm platform toward or away from the client along the post.
- Rotate side to side.
- Rotate 360°.

(see figure 14c)



Figure 14b



Figure 14c

#### To adjust the height of arm platform:

- 1. Press button (B) and slide post to desired position.
- 2. Release button and push post to engage it.

Or completely remove the arm platform from the Pacer by pressing button (B) and pulling out the post.

#### Arm strap (C) secures the client's arm in the arm platform.

The arm strap can be removed completely, if desired. Unfasten the strap and pull it out of the slot beneath the platform.

#### To reposition the entire arm platform:

- 3. Loosen knob (D).
- 4. Slide arm platform to desired position on the top bar of the frame.

### Post adjustments 1 4 4





Arm prompt/platform posts can be removed and repositioned to adjust the width between arm prompts/platforms (see figure 15b).

Clamps can be removed and repositioned to further adjust the width between arm prompts/platforms.

- **Step 1:** Loosen knob (A) and remove arm prompt pad. Figure 15b shows the clamp on the inside of the top bar.
- Step 2: Press button (B), lift post out of clamp, and turn to desired position.
- Step 3: Insert post back into clamp, slide arm prompt pad back onto post, and use button (B) to adjust the height of the arm prompt. Figure 15c shows the clamp on the outside of the top bar, which increases the width between prompts.

(To remove or attach clamps, see p. 10.)



Figure 15a



Figure 15b



Figure 15c



### Handbrake 1



To prevent serious injury or death:

- Use Pacer only on smooth level surfaces.
- Hand brake is not intended to stop Pacer on hills.
- Adult supervision is required at all times.

#### Attaching to base (see figure 16b)

- Hook ball at end of cable onto silver clip (A) located inside plastic housing (B) on base
- 2. Pull cable housing forward and down to clip into the socket (C) of the plastic housing on base.

**Tip:** If cable will not pull far enough to clip into the socket of the plastic housing, tighten adjustment knob (D) on brake handle by turning knob clockwise (see figure 16c).

### Detaching from base

Pull cable out of socket (C) in plastic housing (B) on base and lift up. Ball end of cable will pop out of clip (A).

#### **Operation** (see figure 16c)

- 1. Squeeze lever to apply brake.
- 2. Push lever down (away from handle) to apply parking brake.

#### **Adjustments**

To adjust brake, loosen or tighten knob (D) till desired braking action is reached (see figure 16c). A 1/16" gap between rear wheel and brake arm is recommended

See page 13 for arm prompt adjustments.



Figure 16a

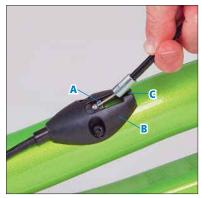


Figure 16b



Figure 16c

# Chest prompt 1 1 1 1

#### **Attaching**

# **AWARNING**

To prevent tipping, falls and resulting

#### injury or death:

- · Position chest prompt so that the client's center of gravity is centered between the casters.
- Tighten all adjustment knobs on chest prompt prior to use.

Attach chest prompt directly behind the frame cross bar (see figure 17a). The front of the chest prompt has a containment loop to keep the pads together. Rear opens for easy access.

### Adjustments 🗘 🛍



#### To adjust width of chest prompt:

- Place clamps on the inside or the outside of the top bar (see previous pages).
- Loosen knobs (C) to slide sides of chest prompt in or out.
- Retighten knobs.

#### To rotate chest prompt:

- Loosen knobs (C) completely.
- Rotate prompt to desired position.
- Retighten knobs.

#### To adjust height of chest prompt:

- Press buttons (B) and slide posts to desired height.
- Release buttons (B) and push post to engage it.

### Reposition or remove entire chest prompt:

- Loosen knobs (A).
- Slide chest prompt backward or forward and retighten knobs (A).
- To remove clamps, see page 10.



Figure 17a

Straps (D) can be adjusted independently to tighten or loosen the chest prompt or to adjust the forward leaning angle of the client. Chest prompt opens front and back. This allows the client to be placed in the anterior or posterior position (see pages 27, 28 and 29).



# Hip positioner 1 1 1

#### **Attaching**

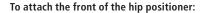
**AWARNING** 

To prevent tipping and resulting injury, do not

position prompts at the rear ends of the top bar (see figure 18a).

The hip positioner is designed to encourage forward-leaning. Attach this accessory with its two clamps and handholds a few inches away from the end of the top bar. Attach straps with buckles (A) in front of the frame cross bar (see figure 18b).

Refer to the warning above for important safety information (see figure 18a).



 Use buckles (A), attaching them at desired location in front of cross bar (see figure 18b).

#### To attach rear of hip positioner:

 Attach rings (B) to handholds (see figure 18b).

#### Adjustments (see figure 18b)

#### To adjust position of handholds on frame:

- Loosen knob (C).
- Slide handholds and clamps to desired position on frame.

#### To adjust rear height of hip positioner:

- Press button (D) and raise handholds to desired height.
- Release button (D) and push down handholds to engage them.

**To raise and lower hip positioner** use strap adjusters (E) at back and (F) at front.



Figure 18a



Figure 18b

### Hip positioner pad 🗘 🛍 🕆



### **Assembly**

- 1. Push the rear straps of the **hip** positioner through the crossed over straps and pull the pad into place (see figure 19b).
- 2. Snap front and side flaps of **pad** together around the hip positioner. Make sure both snaps are securely fastened.
- 3. Attach hip postitioner on Pacer.



Figure 19a



Figure 19b Underside of hip positioner with pad



# Pelvic support 14 4

#### **Attaching**

**AWARNING** 

To prevent tipping and resulting injury, do not

position prompts at the rear ends of the top bar (see figure 20a).

The pelvic support provides weight-bearing assist. It is an alternate option to the hip positioner. Attach this accessory with its two clamps and handholds a few inches away from the end of the top bar. Attach straps with buckles (A) in front of the frame cross bar (see figure 20b).

Refer to the warning above for important safety information (see figure 20a).

#### To attach front of pelvic support

 Use buckles (A) to attach the pelvic support at the optimal location indicated for positioning. Locations for strap attachment may include any secure position along the top bar of the frame in front of cross bar, at the base of the clamps/accessories in use, or at the chest prompt cross bar.

#### To attach rear of pelvic support

 Attach rings to handholds (B) (see figure 20b).



Figure 20a



Figure 20b

#### **Adjustment** (see figure 21a)

### To adjust rear height of pelvic support:

- Press buttons (A) and slide handholds to desired height.
- Release buttons (A) and push down on handholds to engage them.

#### To adjust position of handholds on frame:

- Loosen knob (B).
- Slide handholds and clamps backward or forward on the frame.

### To raise and lower pelvic support:

• Use strap adjusters (C) and (D) at the back or front of pelvic support.



Figure 21a



# Thigh prompts 💄 🎖 角

### **Attaching**

Thigh prompts work best if attached behind the chest prompt on top bar (see figure 22a). Thigh prompt clamps are slightly different from the clamps of other accessories, but attach to the top bar in the same manner (see page 10).

### Adjustments (see figure 22b) 1



- 1. To swing the thigh pad toward or away from the client:
  - Loosen knob (A).
  - Adjust thigh pads (B) and re-tighten.
- 2. To move the thigh pads up or down, or to rotate the thigh pad to a comfortable position against the client's leg:
  - · Loosen knob (C).
  - Adjust thigh pads (B) and re-tighten.
- 3. To reposition thigh prompts on frame:
  - Loosen knob (D).
  - Slide clamp along the top bar of the frame.
  - Or completely remove the thigh prompts from the Pacer.
- 4. To secure and adjust strap around the thigh of the client, use buckle adjuster (E).



Figure 22a



Figure 22b

# Ankle prompts 🗘 🛱 🕆

### Attaching

- Utility base: insert end of rod opposite latch (A) into rear wheel slot (B) (see figure 23b). Pull back white latch (A), and release into front slot under frame leg (C)(see figure23c).
- Standard base: pull back white latches and release into slots under frame legs.

### Adjustments (see figure23d)

- To secure, loosen or tighten strap around the ankle of the client, use buckle adjuster (D).
- Strap (E) can be adjusted to help guide the stride of the client.
- To limit or increase the stride of the client, squeeze and slide spring adjusters (F) along rods.



Figure 23a



Figure 23b



Figure 23c

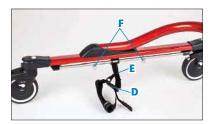


Figure 23d



# Tray 1

# **AWARNING**

To prevent tipping and resulting injury:

- Do not use the tray as a restraint or body support.
- Directly supervise client's use of the tray.
- Do not place more than 10 lb. (4½ kg) on tray.

### Attaching

The tray attaches to the Pacer with a clamp (C) (see page 10).

**Adjustments** (see figures 24a and 24b)

#### To reposition tray:

• Loosen knob (A), and swing tray to desired position, then tighten knob.

#### To adjust angle of tray:

- Loosen knob (B).
- Change the tilt angle of the tray.
- Rotate the tray from side to side, then tighten knob.

#### To adjust the height of the tray:

- Press button on front of clamp (C).
- Slide post to desired height.
- Release button and push tray up/down to engage post.

#### To remove insert (D):

- Push fingers up through holes in tray (G).
- Re-install insert (D) by placing tabs (E) in slots (F) and pressing down on front edge of insert until it snaps in place.



Figure 24a



Figure 24b

### Multi-position saddle 1



AWARNING

To prevent falling and resulting injury, the

hip corral strap should be used for all non-weight-bearing clients, or any time additional security is needed.

#### **Attaching** (see figure 25a)

- To attach saddle under upper frame press button (B) and insert saddle upright into recess under cross bar.
- To remove saddle press both button (A) and safety button (B).

#### Adjustments (see figure 25b)

- To adjust height press trigger (C).
- To adjust seat angle press button (D).
- To adjust seat forward or backward press trigger (E).
- To adjust hip corral in or out, or to attach or remove it, press trigger (F).
- To remove seat first remove hip corral, then slide seat using trigger (E) as far back as possible. Finally, press 2 buttons on each side (G) to complete removal.
- . To adjust hip corral height press trigger (H).
- To attach corral strap clip hook onto rear of seat. The corral strap as well as the pads on the hip corral can be removed, if desired. To remove pads, undo hook and loop patch between pads and slide pads off bar. To detach corral strap, remove pads, then press small white buttons near end of bar and pull rings from slots.

**Tip:** Every white lever or button indicates a point of adjustment.



Figure 25a



Figure 25b



### Guide bar 👤 🛍 🕆

To prevent injury, adult supervision is required at all times. Always remove

required at all times. Always remove guide bar when not in use.

The guide bar is available for the medium and large sizes only.

### **Attaching**

- 1. Attach to either side of center section on base frame (see figure 26a).
- 2. Guide bar is attached by swinging cam lever (A) down to engage clamp (see figure 26b).

#### **Adjustments**

- 1. Guide bar can be rotated to be positioned behind the user or in front.
- If guide bar will not stay in position, adjust by raising the cam lever (A) up and tighten by turning it clockwise in ½ turn increments (see figure 26c). Then swing cam lever back down.
   Note: the lever can be positioned in either direction.



Figure 26a



Figure 26b



Figure 26c

# Operation 1 4 Y

Once the accessories are attached and adjusted approximately, the client can be placed in the Pacer in either an anterior or posterior position.

# **AWARNING**

To prevent tipping and resulting injury:

- Position prompts so that the client's center of gravity is centered between the casters.
- Use adequate accessories to ensure that client's feet remain within boundaries of the Pacer frame.
- Do not position arm prompts, arm platforms or handloops at the extreme ends of the top bar.

### **Anterior positioning**

#### **Forward facing**

Figure 27a and 27b show normal positioning. Note that the chest prompt has no tilt and the slightly forward-leaning angle of the client is achieved by locating the hip positioner/pelvic support behind the shoulders.

- 1. Apply the caster brakes to immobilize the Pacer.
- 2. Approximate the adjustments of:
- chest prompt
- arm prompts
- hip positioner or pelvic support
- frame height (top bar of frame).
- 3. Unfasten:
- Hip positioner or pelvic support rings at rear of Pacer
- Buckles at the rear of the chest prompt
- Straps of arm prompts, thigh prompts and ankle prompts



Figure 27a



Figure 27b



- 4. Place the client in the Pacer
- Fasten the rear buckles of the chest prompt.
- 5. Pull the hip positioner or pelvic support through the legs and:
- Connect the rings to the handholds or fasten buckles if preferred.
- 6. Secure the forearms with arm prompt straps.
- 7. Fasten straps to:
- Secure the thigh prompt straps around the client's legs.
- Secure the ankle prompt straps around the client's ankle.
- 8. Release the caster brakes.

#### Forward-leaning

Figure 28a shows how a more extreme forward-leaning angle is achieved. Note the chest prompt tilt and the location of the hip positioner behind the shoulders. The front hip positioner straps are attached to the chest prompt posts. The arm prompt clamps are attached ahead of the cross bar.

# 1. To adjust the client's forward-leaning angle:

- Use the chest prompt tilt adjustment (see figures 27a, 27b and 28a).
- Position the top of the chest prompt away from the armpits to avoid pressure and discomfort.

#### 2. Adjust hip positioner or pelvic support:

- Adjust height of handhold posts.
- Use straps to adjust hip positioner or pelvic support angle and to position client's pelvis in the desired forwardleaning angle in relation to the chest prompt (see figures 27a, 27b, 28a).



Figure 28a

# 3. Adjust arm prompts, arm platforms or hand loops:

 Adjust the width, height and angles of arm prompts (see pp 13–14) or handloops (see page 11).

#### 4. Adjust thigh prompts:

- Adjust the height, angle and strap length to guide the stride of the client (see page 22).
- The thigh prompt is important for positioning the client's thighs closer together or further apart. It also prevents the client's body from twisting in the Pacer.

#### 5. Adjust ankle prompts:

- Adjust straps and spring adjusters to guide the stride of the client (see figure 23d).
- **6. Adjust the tray position and angle** (see page 24).
- 7. Release the caster brakes.

# **Posterior positioning**

Rear facing (see figure 29a)

**Clients can be** positioned in the Pacer facing the rear (open end) of the frame. This is called posterior positioning. It allows advanced clients to move freely without obstructions below or in front of them.

Chest prompt (if used) opens front and back for posterior positioning and transfers.

- **1. Apply the caster brakes** to immobilize the Pacer.
- **2. Remove accessories.** Unfasten clamps around the top bars (see page 10).



Figure 29a

- **3. Turn accessories** to face open end of Pacer frame and reattach to the top bar (see figure 29a).
- **4. Reset swivel locks** in opposite direction if needed (see page 9).
- **5.** If any other prompts are required follow anterior positioning instructions in reverse (see Pages 27 and 28).
- 6. Release caster brakes.

For more details on accessories, function and recommended uses, go to:



## **Maintenance**

This product is designed and tested for an expected life of 5 years when used and maintained in accordance with this manual. At all times, clients must ensure that the product remains in a safe and useable condition, including regular maintenance and inspections as specified in this product manual.

To prevent structural failure, which may result in serious injury or death:

- Inspect this product and accessories regularly for loose or missing screws, metal fatigue, cracks, broken welds, missing attachments, general instability or other signs of excessive wear.
- Immediately remove this product from use when any condition develops that might make operation unsafe.
- Do not use Rifton components or products for any purpose other than their intended use.
- Replace or repair components or products that are damaged or appear to be unstable.
- Use only Rifton authorized replacement parts. Order information for replacement parts is provided on the back of this product manual.

Do not use petroleum-based or solvent-based lubricants on casters, but lubricate when necessary with silicone spray or graphite.

# Cleaning 1 A Y

As needed, clean with disinfectant wipes or a solution of up to 10% bleach. Do not use excessive amounts of water.

The straps with hook and loop closures may be laundered. Engage the closures before washing. Do not iron.

Wash casters with water after outdoor use. Avoid mud and sand.

# Warranty Statement 1 A ?

If a Rifton product breaks or fails in service during the first year, we will replace it free of charge.

### **Materials**

- Steel hardware items (nuts, bolts, screws, etc) are typically zinc or nickel plated, or stainless steel.
- Upholstery items (pads, support blocks, padded prompts, etc) are typically
  polyurethane foam with a fire-retardant cover made from expanded vinyl.
- Frames are typically steel or aluminum tubing, welded together, and coated with a baked-on paint finish. Some frame components may also be stainless steel.
- Straps are typically made of polypropylene or nylon webbing.
- Plastic components are typically injection molded from a variety of industrial resins.

All components are lead free and not made with natural rubber latex.

# User modifications **!** ♠ ♀

To prevent serious injury or death, do not modify or alter Rifton products or components, or use Rifton products or components in conjunction with products from other manufacturers. Rifton does not accept responsibility for any modifications or alterations made to our components or products after they leave our premises. Customers modifying or altering our components or products, or using them in conjunction with products from other manufacturers, do so at their own risk.

